

Mission Statement

Guided by Holy Scripture and the Holy Spirit, we the congregation of Holy Trinity pledge our lives to Christ. Through worship, love, and service to one another, we will bring witness and encouragement to the community.

Rector: The Rev. Robin Trevors 631-0087 (Cell) or 489-3002 (Church Office)
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Today's bulletin is given to the glory of God and in memory of **Cyril Pitcher** by Iris & Family.

Service Times for April 8 - April 15, 2018

Sunday, April 8 Easter 2	Holy Communion (BCP)	8:30 a.m.
	Holy Eucharist (BAS)	10:30 a.m.
	Prayer & Worship	7:00 p.m.
Thursday	Holy Eucharist (BAS)	9:30 a.m.
Next Sunday, April 15 Easter 3	Holy Communion (BCP)	8:30 a.m.
	Morning Prayer (BAS)	10:30 p.m.
	Evening Prayer (BCP)	7:00 p.m.

Readings/ Acts 4:32-35 – Marilyn Hillyard

Psalm 133 – Ann Shears

Readers 1 John 1:1-2.2 – Hubert Griffin

John 20:19-31 – David Wells

Greetings. We extend a hearty welcome to everyone who joins us today, and we are pleased to have you worship with us. If this is your first time, we ask that you sign our Guest Book located in the foyer.

Healing Ministry. One of our healing prayer teams will be available for private prayer, laying on of hands and/or anointing during Holy Eucharist at the 10:30 a.m. services. During the Holy Eucharist Service this morning, a Prayer Team (Rev. Walter & Patricia Hammond) will come forward with the Eucharistic Assistants to receive Communion and be anointed before moving to the prayer station at the back of the church. Should you wish healing prayer for yourself or for another or to offer a prayer of thanksgiving, you are invited to come to the prayer station during Communion.

Evening Service. There will be an evening service tonight at 7 p.m. Rev. Robin will be providing the music.

Sunday School. We are in need of teachers and helpers who love to serve and work with children and want them to know more about Jesus. With your help, we will be able to make Sunday School a viable ministry. Please exam your hearts and see if this is where God is leading you to use your gifts, skills, and talents. If you feel the call to be a member of the Sunday School Team, please contact Cathy Flynn (489-0234) or e-mail candlelady@live.ca.

Service at the Seniors' Homes. There will be a church service at Golden Years at 1:30 p.m. and at the Carmelite 2:30 p.m. today.

ACW Jumble Sale. The Sale will be held in the E. M. Bishop Hall on Friday, April 27 from 7 - 9 p.m. and on Saturday, April 28 from 9 a.m. – 1 p.m. We are accepting clothes, books, puzzles, dishes, toys and small appliances. Everything must be clean and in good condition. PLEASE no broken items or missing pieces. We will not be accepting computers or TV's or large furniture. Items can be dropped off on Thursday evening or on Friday.

Healing Touch Course 1 & 2. A two-day workshop will be held for all interested individuals desiring an energy-based therapeutic approach to health and healing. The courses will be held at Shallow Bay Motel, Cow Head, NL. Healing Touch is a gentle complementary, nurturing energy therapy that assists in balancing your physical, mental, emotional and spiritual well-being. Healing Touch uses light touch to balance and restore energy that has been depleted due to mental or emotional stress, illness or medical procedures. Healing Touch stands out in the field of Energy Healing. *Course 1:* Saturday & Sunday, May 5 & 6 from 9 a.m. – 6 p.m. *Course 2:* Monday & Tuesday, May 7 & 8 from 9 a.m. – 6 p.m. To register, contact Florence Newman at (709) 640-2579 or newbranchesnursing@gmail.com or Dolly Hart at 489-9364. Rooms reserved for participants, call 1-800-563-1946 or 709-243-2471.

ACW Meeting Cancelled. The meeting scheduled for this Wednesday, April 11 is cancelled. There will be a meeting on Wednesday, April 25 at 7:30 p.m.

Greeters Today. Fred & Linda Pafford, Hubert Griffin, Margaret Pomeroy, Terry Brown, and Dale Butler

Items for the Messenger. Please have your submissions to Linda by **Thursday**. You may contact her at 489-9801 or e-mail linda.pafford@nl.rogers.com

REST

If you are having trouble sleeping, don't count sheep, talk to the shepherd. "Lord, you know my fears and my cares. Help me to turn them all over to you, who has promised to give rest. Grant to me now a restful spirit and a peaceful sleep, and faith to find a new strength when I awake. Amen.



Responses to Suffering

by Gary Jansen

Many years ago, a noted psychologist asked an audience, “If I squeeze an orange, what comes out of it?” After a few seconds, someone shouted back, “Orange juice!” The psychologist smiled. “Yes,” he said, “orange juice. Why?” A few moments followed, and another audience member answered, “Because that’s what’s inside the orange.” The psychologist smiled again. “Yes, you don’t squeeze an orange and get apple juice. You squeeze an orange and you get orange juice, because that’s what’s inside it. We could say the juice is the orange’s essence.”

The psychologist then looked at the audience and asked another question: “So what comes out of you when someone puts the squeeze on you? When someone is mean or disappoints you or slanders you?” Silence. No one answered. At least, not out loud.

So, what comes out when someone puts the squeeze on us or treats us badly? What comes out of us when we’re under stress? When things don’t go as planned? When we’re stuck in traffic? When we make a mistake at work? When our spouse, child, friend, or coworker disappoints us? When we’re betrayed? When we could have sworn there was more money in the checking account, yet the check bounced? What comes out? Anger? Vitriol? Sadness? Depression? Frustration? Fear? Revenge? I’ve experienced just about all those emotions, during disappointing and uncertain times. Goodness, what does that say about me, about what’s inside of me?

Here’s another question: What came out of Jesus when the world put the squeeze on him, when he was mocked, beaten, and crucified? There were tears, blood, and water. But there was also strength, heroism, compassion, sorrow, resilience, gratitude, love, and forgiveness. There was peace and acceptance. Just as we can learn what is in an orange when it is squeezed, and just as we can learn more about who we are when we examine how we react to the challenges we face, we can learn more about Jesus by reflecting on what came out of him during the most intense period of his life.

Though Jesus seems passive throughout his Passion—he never lifts a finger against anyone and he barely speaks—his acceptance, forgiveness, and nonviolence are nonetheless revolutionary, providing first-century countercultural insight on how to live justly in the twenty-first-century world. Here are just a few examples of Jesus’ reactions:

Jesus is in the Garden of Gethsemane. **He prays.**

Jesus is condemned by the Sanhedrin. **He is steadfast.**

Jesus is denied by Peter. **He accepts others’ weaknesses.**

Jesus meets the women of Jerusalem. **He thinks of others.**

Jesus promises his kingdom to the good thief. **He forgives.**

Jesus speaks to his mother and the disciple. **He watches over his family.**

As Jesus responds to his sorrow, he is expressing to us the best of what it means to be human. There are no miracles here. No sudden healings. No casting out of demons. No parables. Someone coming to the story of Jesus’ Passion for the first time, not knowing anything else of the Gospels, would think that this is just an ordinary person, someone who experienced loneliness, heartache, pain, exhaustion, and ultimately death. He’s no different from any of us.

Yet, there is something extraordinary here, and we can see that in how Jesus responds when the world puts the squeeze on him. He doesn’t freak out, whine, or feel sorry for himself. No, instead he counters the blows, torture, and mockery with elegance, love, and forgiveness.

He shows us what it means to be truly human.